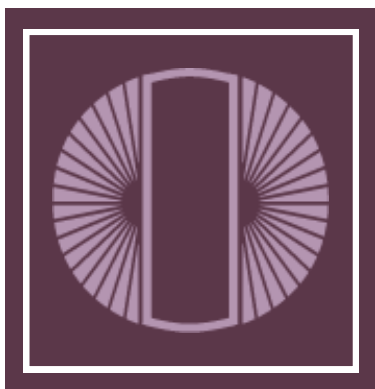


THE



ANTIPHONS

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DECEMBER 17

PRAY



WISDOM,

coming forth from the mouth of the Most High,
reaching from one end to the other,
mightily and sweetly ordering all things:
Come and teach us the way of prudence.

SING

O come, Thou Wisdom from on high
And order all things, far and nigh
To us the path of knowledge show
And cause us in her ways to go

O COME, O COME, EMMANUEL, VERSE 6

BREATHE

INHALE

O Wisdom, O Word of God,

EXHALE

come, teach us prudence

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DECEMBER 18

PRAY



ADONAI,

and leader of the House of Israel,
who appeared to Moses in the fire of the burning bush
and gave him the law on Sinai:
Come and redeem us with an outstretched arm.

SING

O come, O come, Thou Lord of might
Who to Thy tribes, on Sinai's height
In ancient times didst give the law
In cloud, and majesty and awe

O COME, O COME, EMMANUEL, VERSE 2

BREATHE

INHALE

O Adonai, O Lord of Might,

EXHALE

come, redeem us

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DECEMBER 19

PRAY



ROOT OF JESSE,

standing as a sign among the peoples;
before you kings will shut their mouths,
to you the nations will make their prayer:
Come and deliver us, and delay no longer.

SING

O come, Thou Rod of Jesse, free
Thine own from Satan's tyranny
From depths of hell Thy people save
And give them victory o'er the grave

O COME, O COME, EMMANUEL, VERSE 3

BREATHE

INHALE

O Root, O Hope of Nations,

EXHALE

come, deliver us

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DECEMBER 20

PRAY



KEY OF DAVID,

and sceptre of the House of Israel;
you open and no one can shut;
you shut and no one can open:
Come and lead the prisoners from the prison house,
those who dwell in darkness and the shadow of death.

SING

O come, Thou Key of David, come
And open wide our heavenly home
Make safe the way that leads on high
And close the path to misery

O COME, O COME, EMMANUEL, VERSE 5

BREATHE

INHALE

O Key, O Way Maker,

EXHALE

come, make us free

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DECEMBER 21

PRAY



MORNING STAR,

splendour of light eternal and sun of righteousness:
Come and enlighten those who dwell in darkness
and the shadow of death.

SING

O come, Thou Dayspring, come and cheer
Our spirits by Thine advent here
Disperse the gloomy clouds of night
And death's dark shadows put to flight

O COME, O COME, EMMANUEL, VERSE 4

BREATHE

INHALE

O Morning Star, O Light Eternal

EXHALE

come, light our way

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DECEMBER 22

PRAY



KING OF NATIONS,

and their desire,
the cornerstone making both one:
Come and save the human race,
which you fashioned from clay.

SING

O come, desire of nations, bind
In one the hearts of all mankind
Bid Thou our sad divisions cease
And be Thyself our King of peace

O COME, O COME, EMMANUEL, VERSE 7

BREATHE

INHALE

O King, O Desire of Nations,

EXHALE

come, save us

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DECEMBER 23

PRAY



EMMANUEL,

our king and our lawgiver,
the hope of the nations and their Savior:
Come and save us, O Lord our God.

SING

O come, O come, Emmanuel
And ransom captive Israel
That mourns in lonely exile here
Until the Son of God appear

O COME, O COME, EMMANUEL, VERSE 1

BREATHE

INHALE

O Emmanuel,

EXHALE

come, be with us

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